

RIVER LEVEN HERITAGE TRAIL FROM BOWLING

(10.7 MILES,
17.3 KM
EACH WAY)

Just a short ride from Bowling Harbour, the River Leven is a tranquil wildlife haven, and you can follow its banks from Dumbarton to the bustling town of Balloch and Loch Lomond on purpose-built trails and cycle paths.

ROUTE DETAILS

VISIT
GLASGOW



LEVEL Intermediate ▲▲

DESCRIPTION Predominantly flat purpose-built waymarked cycle paths, with a short on-road section at Dumbarton.

TIME 1½ - 2½ hours (each way)

VIEWPOINTS / ATTRACTIONS

- 1 THE BOWLINE & BOWLING HARBOUR
- 2 DUMBARTON CASTLE
Tel: 01389 732167
- 3 VIEWPOINT & PICNIC BENCH
- 4 BALLOCH TO LUSS PASSENGER FERRY
Tel: 01389 752376
- 5 MAID OF THE LOCH (PADDLE STEAMER)
The Pier, Pier Road, Balloch, G83 8QX
Tel: 01389 711865
- 6 BALLOCH COUNTRY PARK
Drymen Road, Balloch, G83 8LX

 Bicycle hire from [nextbike](http://nextbike.com) is a fun and flexible way to explore Glasgow. www.nextbike.co.uk/glasgow

ROUTE PROFILE
Total Ascent 86m Highest Point 26m (each way)

RIVER LEVEN HERITAGE TRAIL FROM BOWLING

(10.7 MILES, 17.3 KM
EACH WAY)

VISIT
GLASGOW

Just a short ride from Bowling Harbour, the River Leven is a tranquil wildlife haven, and you can follow its banks from Dumbarton to the bustling town of Balloch and Loch Lomond on purpose-built trails and cycle paths.

ROUTE DESCRIPTION

Starting from Bowling Harbour, cross The Bowline and follow National Cycle Route 7 to Dumbarton Bridge. Follow the cycle path north as it meanders along quiet, tree-lined paths suitable for cyclists of all abilities. Once the focus of a huge textile industry, only a few remnants of the river's industrial past remain, described on interpretation panels along the route. The river provides a haven for wildlife, with heron and egret often seen hunting in the shallows.

Upon reaching Balloch, the gateway to Loch Lomond & The Trossachs National Park, you are greeted with expansive views across Loch Lomond to distant mountains, and the opportunity to enjoy refreshments at one of the many cafés and restaurants.

This route makes a great extension to the 'Bowling Harbour from George Square' route, with the option to return by train with stations at Balloch, Alexandria, Dumbarton and Bowling.

FRIENDLY STOPS

1 MAGIC CYCLES

4-5 Bowling Harbour, Glasgow, G60 5AF.
Tel: 01389 298100



2 PATON'S PLACE CAFÉ

Bowling Harbour, Glasgow, G60 5AF. Tel:
01389 298282



3 ICE CREAMS AT SWEENEYS CRUISES

Ticket Kiosk, Balloch Road, Balloch,
G83 8SS.



4 MONKEY ISLAND CAFÉ BAR

Balloch Road, Balloch, G83 8SS.
Tel: 01389 752376



5 CUCINA RISTORANTE

The Galleries, Balloch Road, Balloch,
G83 8SS.
Tel: 01389 755455



6 WILD HIGHLANDS COFFEE HOUSE

Maid of the Loch, Pier Road, Balloch,
G83 8QX.
Tel: 07957 911066



7 GREEN ROSE COFFEE SHOP

SUP Health & Harmony Slipway,
Balloch Castle & Country Park, G83 8LX.

