

# Hands Up Scotland Survey 2020

# Instructions and guidance for schools

August 2020



Sustrans is the charity making it easier for people to walk and cycle. We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute. Join us on our journey. www.sustrans.org.uk

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# Welcome to Hands Up Scotland Survey 2020

# Important: Covid-19 update

In line with <u>government guidance</u><sup>1</sup> (see point 36) we are instructing that survey materials and completed forms are shared electronically (e.g. digital copies sent by email) within schools and with Local Authority contacts rather than sharing physical paper copies.

The Hands Up Scotland Survey (HUSS) is the largest national dataset to look at how children travel to school across Scotland.

Following the passing of a Parliamentary Order on 1<sup>st</sup> June 2012, HUSS has been published as an Official Statistic in Scotland. This is a great achievement as the Official Statistic status acknowledges HUSS as a robust and accurate source of data, important for policy making on transport issues within Scotland.

These achievements have only been possible as a result of your continued support over the years and so **we thank you for all your hard work!** We are looking forward to working with you again this year.

# HUSS 2020 key dates

Action	Date
Hands Up Scotland Survey 2020: Data collection week Schools must conduct the survey between these dates.	7 – 11 <sup>th*</sup> September 2020
Schools must submit their survey results online by visiting: http://www.sustrans.org.uk/hands-up/HUSS2020	Before 25 <sup>th</sup> September 2020

# **Survey timing**

Schools must conduct the survey between Monday 7<sup>th</sup> and Friday 11<sup>th</sup> of September 2020.

\* The survey should ideally be conducted on one day within this week. We set aside a week for the survey so that schools can have the option of selecting the best day for them to conduct the survey given weather conditions or events.

It is important that the survey is not conducted during part of a Bike or Walk to School Week or any other special cycling or walking promotional activity. If you have any such activities planned, please notify the Sustrans HUSS team: HandsUpScotland@sustrans.org.uk.

We are looking to increase participation in the survey only, not use the survey to increase walking and cycling levels.

**Please note:** School-level data for each local authority will not be published as part of the main report, but will be made available to the relevant local authority contact. In some instances, this will also be made available to third parties for research purposes on completion of a Hands Up Scotland Data Request pro forma, as agreed with Sustrans' Research & Monitoring Unit and the relevant local authority.

<sup>&</sup>lt;sup>1</sup> Scottish Government (July 2020) *Coronavirus (COVID-19): Guidance on preparing for the start of the new school term in August 2020.* Available at: https://www.gov.scot/publications/coronavirus-covid-19-guidance-preparing-start-new-school-term-august-2020/



## General assistance and support

If you have any queries regarding the information in this document please do not hesitate to contact your local authority representative or the HUSS team: Email: HandsUpScotland@sustrans.org.uk Tel: 0131 346 1384.

## Thank you again for participating in the Hands Up Scotland Survey 2020!



## Instructions

The necessary survey materials may be found enclosed in the email which included this guidance or alternatively on the Sustrans website:

www.sustrans.org.uk/hands-up/survey-packs

## Preparing for the Hands Up Scotland Survey 2020

You've received your survey pack from your local authority or you've obtained this online. What should you do now to prepare to undertake the survey in your school or nursery?

#### Step 1: Nominate a HUSS leader within your school to co-ordinate the survey.

Your HUSS leader could be your school's head teacher, school secretary or a teacher with an interest in the survey such as your school's Eco Club leader.

#### Step 2: Decide on which day your school will conduct the survey.

The survey must be conducted during the specified survey week (7<sup>th</sup> to 11<sup>th</sup> September). Each class in your school should conduct the survey on one day only.

- ✓ **Top Tip:** Try to plan for a day when all classes can take part be aware of school trips!
- ✓ Top Tip for Nursery schools: If you are a nursery school with a morning and afternoon session, you may conduct the survey twice during the same day in order to capture responses from both your morning and afternoon sessions. Please remember to add up the responses before submitting your results.

#### Step 3: Decide where the survey will take place.

Usually, schools find it easiest to conduct the survey during the morning registration period. Some smaller schools prefer to conduct the survey during a school assembly. Some schools opt to conduct the survey during lesson time.

#### Step 4: Decide who will conduct the survey.

Most schools ask individual class teachers to conduct the survey with their class. However, in some schools, the nominated HUSS leader will visit each class in turn to conduct the survey.

#### Step 5: Prepare your survey forms, distribute them to all classes, and brief class teachers.

If the HUSS leader will be conducting the survey with <u>all</u> classes they can complete an electronic copy (word document) of the survey form on a computer or tablet, or they can print off a copy of the survey form that <u>only</u> they will handle. If the HUSS leader is using a printed copy of the survey form, they should transfer the results onto an electronic survey form and safely dispose of the paper copy.

If your individual class teachers will be conducting the survey, please ensure all class teachers have an electronic copy (word document) of the survey form and are aware of when and how to conduct the survey. They should complete the survey electronically on a computer or tablet.

Select the correct survey forms for your school – there are forms for nursery, primary and secondary.



## Survey Day: Conducting the Survey

The chosen date for the survey in your school has arrived. How should teachers / the HUSS leader conduct the survey?

Step 1: Count the number of pupils present and note this on the survey form.

**Step 2:** Tell pupils you will read the question and answer options through twice – during the first reading, pupils should listen only, and on the second reading, they should answer the question by putting their hand up. Read the question and answer options in the order they appear.

Step 3: Ask pupils the survey question: "How do you normally travel to school?"

NOTE: When asking "How do you normally travel to school?" the question is referring to travel to school <u>since returning to school in August this year</u>, rather than how they travelled prior to lockdown.

If a pupil/group of pupils feel unable to answer the question "How do you normally travel to school?", you can prompt them with "Since you have been back to school which way do you travel to school most of the time?". This prompt should only be used after if it is clear that they have not understood the "How do you normally travel to school?" question.

As you read through the answer options for the second time, count the number of hands and note this on the survey form.

If a pupil is absent during the survey, they should not be included in the survey results at a later date.

✓ Top Tip: Asking pupils to put their hand down once you have pointed at them to show you have counted them can make tallying up the responses easier.

Step 4: Add up the total number of pupils that responded and note this in the total box.

Step 5: Email the completed survey forms to the school office or the nominated HUSS leader.

## Submitting your schools results

You've now conducted the survey with all classes in your school. What's next?

#### Step 1: Check survey forms have been received from all teachers.

✓ **Top Tip:** It can help to create a checklist and mark each class off as you receive the forms.

#### Step 2: Collate your results

If you have multiple classes in each year group, you will need to add up the results for each year group. You can use a separate survey form to make note of the totals for each year group. If you only have 1 class per year group, you can skip this step.

#### Step 3: Submit your results

Please submit your results online before the survey closes on 25<sup>th</sup> September.

At the beginning of survey week, we sent your school an email containing a unique link to log in to the survey. If you did not receive this email, you can access the survey by entering your school's SEED number or nursery's CSN at the following link: www.sustrans.org.uk/hands-up/HUSS2020

If you have any issues logging into the survey, please get in touch with your local authority contact or with us directly via the contact information provided at the start of this guidance.



Complete all of the information and click submit. Your school should now receive an e-receipt to confirm we have received your results. Sometimes this email can take a little while to come through, so don't worry if you don't receive it right away.

#### Step 4: You're all done!

Please retain a copy of your schools results in case we have any questions about your submission. Thank you once again for taking part in the **Hands Up Scotland Survey 2020!**