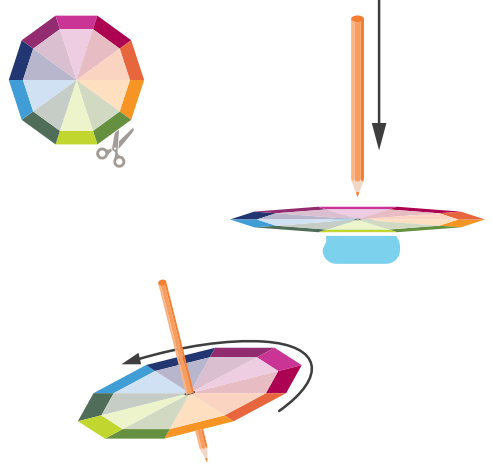


1. Cut out the spinner (ask an adult to help you) and stick it onto some card.
2. Put some blu tack underneath, and push a pencil through the centre. Secure it with tape or blu tack.
3. Spin the spinner. For each section it lands on, answer yes or no for the street outside your home.
4. If you are saying no more than yes, then you have an unhealthy street. Think about whether it's like this all the time, whether it has gotten better or worse recently or at different times of day.
5. What could be done so that it is healthier all the time?



Sustrans is the charity making it easier for people to walk and cycle. Sustrans is a registered charity in England and Wales (number 326550) and Scotland (SC039263).