

# Example Actions for your Active Travel School Plan

## Lessons

Lesson: Safer Routes to School

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Lesson: Street Design

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Lesson: Healthy Street Check

## Assemblies

Introductory Assembly on Active Travel and it's benefits

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Air Quality

## Community Mapping Tool

Lesson: Healthy Street Check

## Sustainable school runs

Walking bus established either daily, weekly or monthly

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Park and stride established for those needing to drive further than 2 miles

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Consider School Streets (contact us for more information)

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Promotion of 'considerate' parking

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Parking restrictions and informing parents about what different parking restrictions really mean

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Run and Park Safe, Walk Safe Campaign or use elements from it to tackle issues with regards to parking at your school



## Promoting walking, wheeling, and cycling

PTA actively involved in active travel events such as walking bus, special events

Take part in 'Walk to School Week'

[Walk once a Week \(WoW\) by Living Streets](#)

Provide a shelter for parents/carers/pupils, so they can shelter if it is raining

Provide storage for buggies – if you have nursery classes

Set up a pedometer challenge

Provide balance bike training for younger pupils

Introduce/increase the number of children attending Bikeability cycle training

Organise family bike maintenance training (Dr.Bike)

Provide transition training for year 6 pupils, so they are prepared for the journey to secondary school

Cycle training and maintenance for staff

Publicise the Tax-Free Bike Scheme to staff (cycle to work schemes)

Increase cycle storage / changing facilities for pupils and staff

## Active travel school facilities

Support accessing funding for scooter/bike storage

Accessible changing facilities for pupils and Staff who travel actively

## Road Safety

Sign up to road safety events

Incorporate road safety education into the curriculum

Liaise with the Road Safety Team in Local Authority to see what is available in terms of theatre in education and resources

Have a road safety themed assembly once a term / annually

Improve paths for pedestrians and/or cyclists/wheelers within the school grounds



## General

A safe place on schools' grounds to store bikes and scooters

School to participate in one active travel event per year

Staff training or session on active travel

Posters inside and around school promoting active travel

All staff to make a yearly commitment to trying to travel actively at least once a week

After school club on active travel

Participation in partner programme: Welsh Cycling, Living Streets

Liaise with neighbouring schools to tackle problems jointly

Encourage visitors to travel actively

## Actions and activities per term

### Autumn Term

Zero Emissions Day

World Car-free Day

Encourage families to leave the car at home for a day including incentives for pupils who do not arrive by car.

Bike to School Week

World Heart Day

Activities during the day to get pupils aware of their heart's health and how active travel can help keep hearts healthy

Walk to school month

Walk to school week, Walking bus to school, Jazz up your Jacket competition or activity, Design clothing/ footwear for the perfect walk to school

International Walk to school day

Walking Bus to school/ Walking incentive for families/pupils

World Mental Health Day

Encourage your pupils, parents and staff to come to school actively for the day to raise awareness of the benefits of active travel to mental health and boost their well-being

Clocks go back (Solstice)

Encourage use of lights, reflectors and bright clothing for fun and to keep safe! Try a competition for brightest dressed, organise Gear Sales



Halloween

Bling your bike/Spruce up your scooter/Jazz up your jacket to theme before half term

Diwali

Hindu festival of light Encourage use of lights, reflectors and bright clothing. Assembly – Be Bright! Competition for brightest dressed

World Children's Day

Get the pupils involved in organising a day of active travel activities

Road Safety Week

International Disability Awareness Day

Discuss what disabilities people may face and what types of wheeled equipment might be suitable

Christmas fair

Information for parents on types of bikes and scooters to buy

## Spring Term

New Year's resolutions

To walk, scoot, cycle to school (and elsewhere) more often

Chinese New Year

Chinese themed bling your bike/scooter/jacket

Investigate how pupils travel to school in China

St Dwynwen's Day

Love your walk/cycle/scoot to school?

Create a poster to encourage others to show they love walk/scoot/cycle route to school too

Create a verse on why we love active travel

Love your bike/scooter day – bike/scooter clean

Bling your bike/Spruce up your scooter/Jazz up your jacket to St Dwynwen's Day theme

National Storytelling Week

Can your pupils tell a good story about their active journey to school?

Pancake Day (Shrove Tuesday)

Pancake breakfast for Active Travellers

World Book Day

Read active travel themed books

Decorate bike/scooter/themselves as favourite book characters

International Women's Day

Female events – encouraging mums, female staff, and others in the community to travel actively on the school run

International Day for the Elimination of Racial Discrimination

Look at how children around the world get to school

National Pi Day

Pass on our pi related resources to your maths teachers

Mother's Day

Kids suggest and plan a walk / ride – better for Mum than a box of chocolates

Comic Relief

Sponsored walk/cycle/scoot to raise money.



## Summer Term

Easter

Decorate helmets as Easter bonnets.

Bling your bike/Spruce up your scooter/Jazz up your jacket to theme

Earth Day

A perfect opportunity for children to pledge to leave the car at home

[Sustrans Big Walk and Wheel](#)

Walk to School Week

Pride Month

How about having a rainbow bling your bike/scooter/boots/ clothes to celebrate the LGBTQ community?

World Environment Day

Assembly addressing climate change and active travel

Father's Day

School event to take dad out for a walk or cycle ride? Pupils plan route/day as classwork



Brian Morrison



Kois Miah

