



Communities Active Travel Support Service

What is the Community Active Travel Support Service?

The Community Active Travel Support Service (CATSS) is for community organisations who wish to set up (or develop an existing) active travel project in Scotland and would like to receive in-depth support from Sustrans Communities Team.

The CATSS aims to support organisations to increase their skills and achieve their active travel (walking, wheeling* and cycling) goals. The aim is to support rather than teach, and the service is free.

Who can apply?

Organisations based in Scotland which meet one or more of the following requirements will be prioritised, but projects not selected can still get in touch with us for support when needed, or apply to join [Activate Mentoring](#), our peer mentor programme where you can receive support from community organisations who have experience in running active travel projects..

- In the project area there is a high percentage of communities in the top 10-20% of the [Scottish Index of Multiple Deprivation](#).
- The organisation wishes to set up or develop an active travel project aimed at a specific group which experiences inequality (e.g. older people, ethnic minorities, women etc)

* Using a wheelchair, scooter, roller skates etc, or walking with a pram or buggy

What does it involve?

- In-depth support for individuals or organisations who wish to start or expand on active travel projects in their local community.
- Support for a period of 3 to 6 months, as agreed by Sustrans and the organisation.
- Meetings to be held when needed, as agreed by Sustrans and the organisation
- Support to identify specific goals of the active travel project (e.g. starting up a bike library to increase local cycling journeys in the area).
- Advice and provision of resources on walking, wheeling and cycling to help the organisation achieve the goals of their project. This can include (but is not limited to): understanding barriers to active travel in your area, support with consulting the local community, funding applications, holding events, making active travel more accessible, providing case studies about community active travel projects etc.
- Support to connect with Sustrans teams who specialise in working with schools, colleges, universities, workplaces, and health centres.
- Support to connect with other active travel organisations, as well as regional/national organisations who may be able to provide extra support, such as Third Sector Interfaces, Equality Councils etc.
- Access to the training support for developing the capacity of your organisation. For example, this could include help becoming constituted, training on promotion, fundraising, evaluation etc.
- Sustrans can provide a letter of support for future funding applications, if required

Management and responsibilities

Sustrans will:

- Offer advice as agreed
- Organise and attend regular meetings with the organisation as agreed
- Aim to respond to queries within 2 working days
- Provide CATSS agreement
- Provide feedback

The organisation receiving support will:

- Keep in regular contact
- Organise and attend regular meetings with Sustrans as agreed
- Keep up to date records during the support period
- Providing information for monitoring purposes after the support period has ended
- Provide feedback on the experience

How to apply

Just fill in the quick and easy Expression of Interest form [here](#). We will aim to contact you within 3 working days.