

The Grand Union Canal

Six miles of the canal towpath between **Bletchley** and **Leighton Buzzard** have been improved for everyone to use – walkers, joggers, wheelchair users, cyclists, anglers and boaters. The route forms part of the National Cycle Network between Milton Keynes, Luton and London. While cycling along the towpath please be considerate to other visitors and respect any 'dismount' signs. Remember, the towpath does vary in width along the route so please take care. Check out the best waterside routes for bicycles at www.waterscape.com/cycling.



Further information about the Grand Union Canal:
South East Waterways Tel: 01908 302 500
E-mail: enquiries.southeast@britishwaterways.co.uk

Good Cycling Code

Obey the rules of the road

Be courteous

- Give way to pedestrians
- Remember that some people are hard of hearing or visually impaired
- Where there are wheelchair users or horse riders please give way
- Ring a bell or politely call out to warn of your approach

Care for the environment

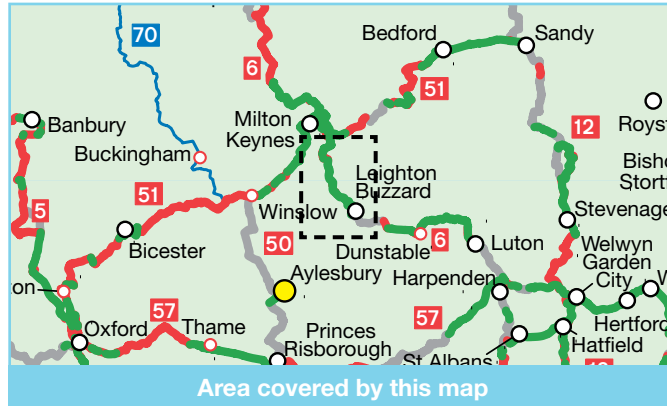
- Can you reach the start of your journey by bike or public transport?
- Follow the Country Code; in particular, respect crops, livestock and wildlife and take litter home

Look after yourself

- Take special care at junctions, when cycling downhill and on loose surfaces
- In remote areas carry food, repair kit, map and waterproofs
- Keep your bike roadworthy; use lights in poor visibility
- Consider wearing a helmet and conspicuous clothing

This route is a partnership between:

Bedfordshire County Council • British Waterways
Buckinghamshire County Council • GrantScape • Milton Keynes Council • South Bedfordshire District Council
Sport England



Sustrans and the National Cycle Network

Sustrans is the UK's leading sustainable transport charity, working on practical projects so people choose to travel in ways that benefit their health and the environment. The charity is behind many groundbreaking projects including the National Cycle Network, over twelve thousand miles of traffic-free, quiet lanes and on-road walking and cycling routes around the UK. We are the charity making a difference today so everyone can live a better tomorrow.

Support Sustrans. Join the movement.

For more information on routes in your area, or more about Sustrans and how to become a Supporter, visit or call:

www.sustrans.org.uk
0845 113 00 65

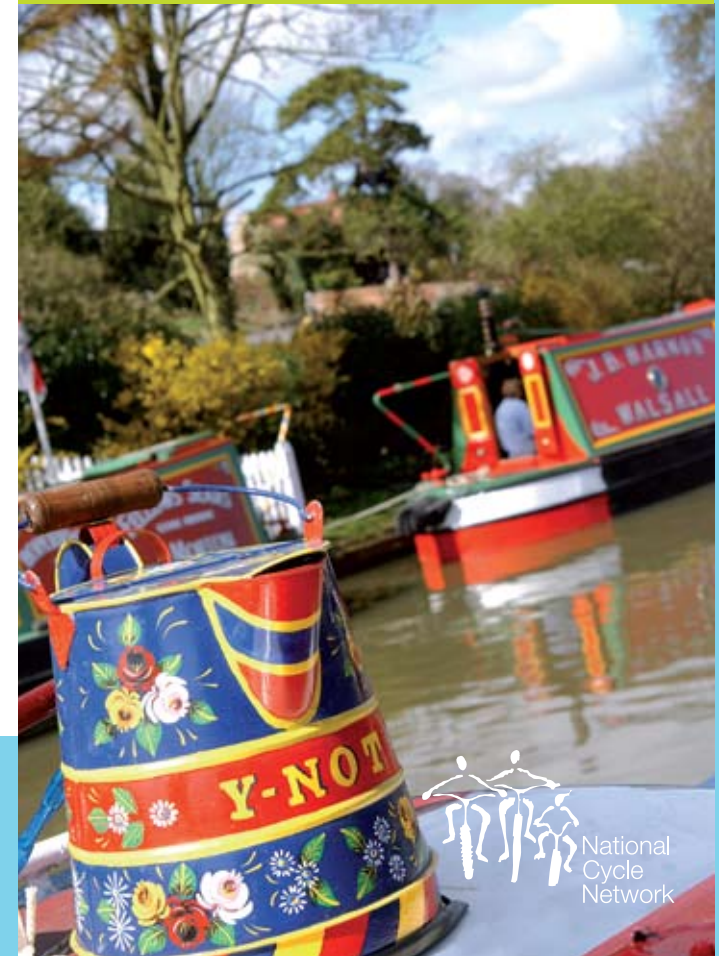
Front cover photo courtesy British Waterways photolibrary.
Registered Charity No. 326550 (England and Wales) SCO39263 (Scotland)

sustrans
JOIN THE MOVEMENT



The Grand Union Canal

Bletchley to Leighton Buzzard



National Cycle Network



Bletchley town centre



- National Cycle Network traffic-free
- National Cycle Network on-road
- Bridleway
- Footpath
- Railway (station)
- Access point
- Tourist attraction
- Public house
- Parking
- School

Leighton Buzzard town centre



Based on Ordnance Survey map with permission of the Controller of Her Majesty's Stationery Office. Crown Copyright 2008. Licence Number 1000020852