

Clyde and Loch Lomond Cycleway

This 20-mile cycle and walking route forms part of the Lochs and Glens Cycle Route (National Route 7). It takes you from the heart of Glasgow to the beauty of Loch Lomond. Starting at Bell's Bridge, the route heads westwards along the Clyde. The original route used the line of the disused Partick to Yoker railway, but when redevelopment work between the SECC and Yoker is complete, there will be an excellent new route along the banks of the river. Diversions will be in place while work is in progress.

At Clydebank, you join the towpath of the Forth and Clyde Canal to Bowling, where a new marina is being developed. The route then joins an old railway line into Dumbarton. Jutting into the River Clyde, just south of the centre of Dumbarton, is the 240ft high volcanic plug of Dumbarton Rock, on which sits Dumbarton Castle. The current castle was built in the 18th Century, but the first record of settlement dates from AD450. Well worth a detour.

After heading through the centre of Dumbarton, you turn north to follow the meandering River Leven up to Balloch and the gateway to the Loch Lomond and The Trossachs National Park. Here there is a visitor centre, restaurants and shops. You can carry on along Route 7 towards Callander or up the West Loch Lomond Cycle Path to Tarbet, or return to Glasgow by train or bike.

As the entire route runs close to the railway, you can hop on a train with your bike at almost any point. The route is traffic-free except for a short section through Dumbarton.

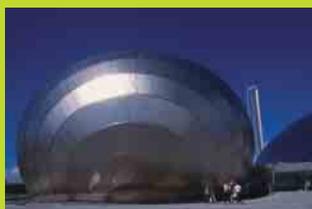
To order the 2006 map of the Lochs and Glens North route (Glasgow to Inverness) or any other maps of National Cycle Network routes, visit:

www.sustransshop.co.uk



Balloch

Credit: Pocket Mountain Ltd



Glasgow Science Centre

This leaflet is supported by:

- Glasgow City Council
- West Dunbartonshire Council
- The Scottish Executive
- Loch Lomond and The Trossachs National Park Authority



Order your copy of 'Cycling in the UK' the guide to the National Cycle Network from the Sustrans Shop.

www.sustransshop.co.uk

Sustrans and the National Cycle Network

Sustrans is the UK's leading sustainable transport charity, working on practical projects so people can choose to travel in ways that benefit their health and the environment. The charity is behind many groundbreaking projects, including the National Cycle Network. The first 10,000 miles of safe and attractive cycling and walking routes has been completed, bringing the Network to within 2 miles of 75% of the population.

For more information on routes in your area, or more about Sustrans and how to become a Supporter, visit or call:

www.sustrans.org.uk

0845 113 00 65

Registered charity number 326550

Front cover: Loch Lomond at Balloch

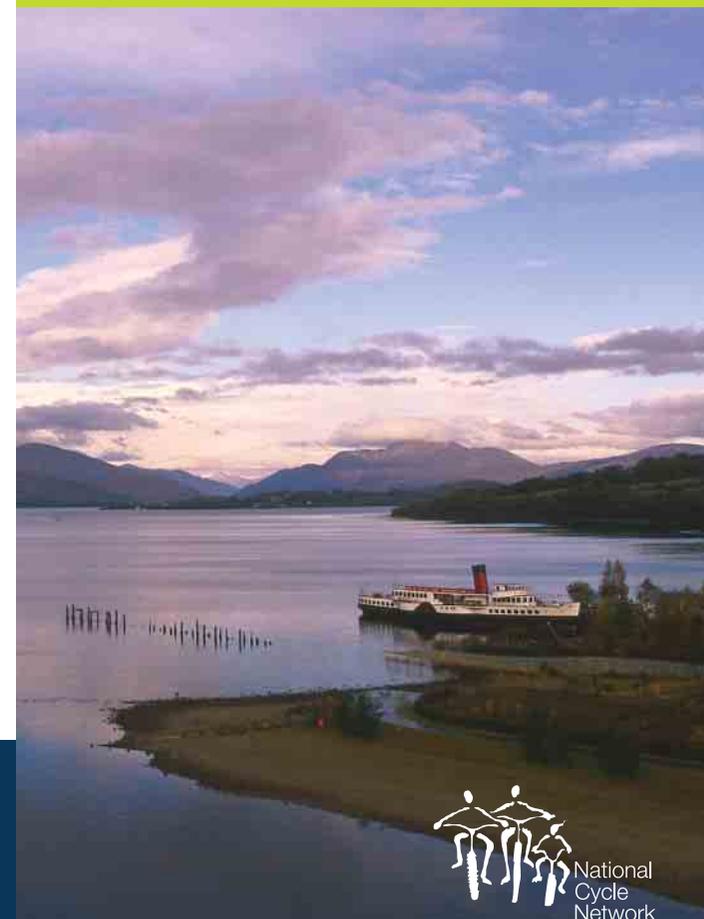
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Clyde and Loch Lomond Cycleway

Glasgow to Loch Lomond




National
Cycle
Network

Clyde and Loch Lomond Cycleway



Dumbarton Rock
Credit: Pocket Mountain Ltd



Legend:

- on-road route
- - - traffic-free route
- ... link route
- ... railway (station)
- ▲ access point
- ▲ access control
- ▲▲▲ take special care on this section of route

facilities:

- ☕ ☺ cafe, hotel or public house
- 🛒 🚲 grocery shop, cycle shop or hire
- 🚻 📧 public toilets, post office
- ☎ public telephone (rural)
- 📍 tourist information
- 📏 milepost

scale 0 1 mile

A new cycling and walking path is being built as part of major redevelopment work along the River Clyde from the SECC to Yoker. **Route diversions** will be in place while work is in progress.

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When you are on the National Cycle Network you will see these signs, red for National route, blue for Regional route.



The Tall Ship, Glasgow
Credit: Eamonn McGoldrick