

This leaflet is supported by:



Discover 11 wonderful miles from Kessock to Culloden

This 11-mile section of National Route 1 uses a combination of traffic-free tracks and minor roads and offers the potential for commuting and leisure trips to and from the centre of Inverness.

Heading north from Inverness, you take a cycle and walkway across the **Kessock Bridge**. On the north side of the Beauly Firth, follow the traffic-free path along the side of the A9 to the Tourist Information Centre and the **Dolphin and Seal Centre**, where you can scan the Firth below for dolphins. Admission is free and the best time to see dolphins is a couple of hours before high tide. From the centre of Inverness, this trip is 2 ³/₄ miles one way.

Alternatively, turn down the minor road to **North Kessock** where there is a teashop, a general store and Post Office. From here you can follow quiet roads along the shore to **Charlestown** and **Redcastle**, and enjoy some great views across the Beauly Firth.

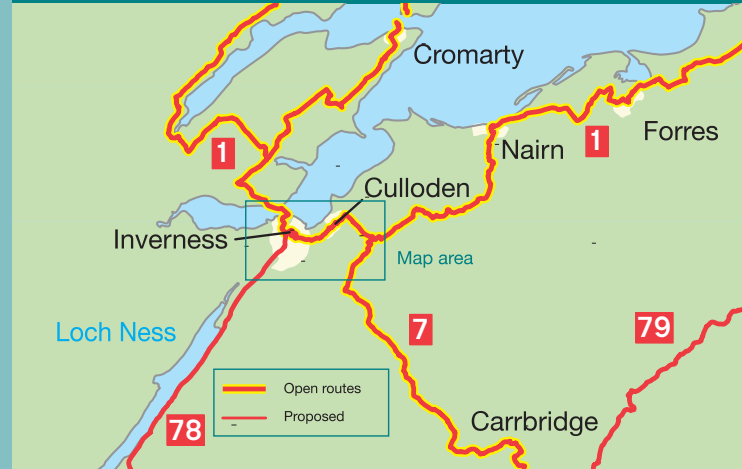
Heading east from the centre of Inverness, the route winds through residential streets and quiet roads, before heading south-east at Balloch and across Culloden Muir (or Moor). It takes you near the **Culloden Battlefield Visitor Centre** (signed from the route) where you can walk around the atmospheric site of the last battle on British soil (1746) which hastened the end of the Scottish clan system. Further on, you come to the late-Neolithic **Clava Chambered Cairns**. These may have been burial chambers or the focus of tribal rituals. Situated in a small open wood, it is a tranquil place to stop and rest before returning to Inverness. This trip is 7 ³/₄ miles one way.

Accommodation:

Youth Hostel - Inverness www.syha.org.uk

This route is on the **Aberdeen to John o' Groats Route**. To buy the Aberdeen to John o' Groats map, visit the Sustrans shop: www.nationalcyclenetwork.org.uk

The Highland Council •
The Scottish Executive •



The **National Cycle Network** is a comprehensive network of safe and attractive walking and cycling routes throughout the UK. 10,000 miles will be completed by the end of 2005 – one third traffic-free, the rest following quiet lanes or traffic-calmed roads. The National Cycle Network is co-ordinated by Sustrans, the UK's leading sustainable transport charity, and other partners, such as local authorities.

For more information on routes in your area, or more about Sustrans and how to become a Supporter, visit or call:

www.nationalcyclenetwork.org.uk

0845 113 00 65



Registered charity number 326550

Front cover: Kessock Bridge

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Kessock to Culloden

Discover 11 wonderful miles of traffic-free and quiet road cycling and walking routes



www.nationalcyclenetwork.org.uk

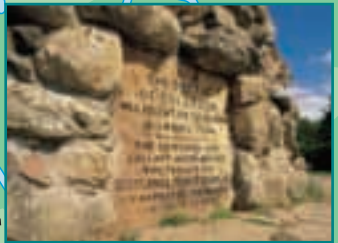
Kessock to Culloden



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North Kessock



Memorial Cairn
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Know the Code before you go ... Enjoy Scotland's outdoors - responsibly!

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

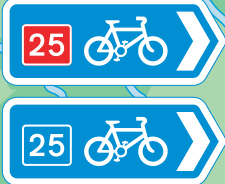
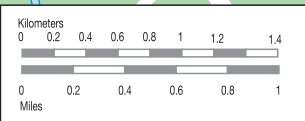


Whether you're in the outdoors or managing the outdoors, the key things are to :

- take responsibility for your own actions;
- respect the interests of other people;
- care for the environment.

Find out more by visiting www.outdooraccess-scotland.com or phoning your local Scottish Natural Heritage office.

	Traffic-free sections
	On road sections
	Railway (station)
	Link path
	Take care
	Tourist attraction
	Public house / Shop
	Cafe / Post Office
	Bike shop / Toilet
	Tourist Information



When you are on the National Cycle Network you will see these signs, red for national route, blue for regional route.