




Fife, Perth & Kinross (Routes 7 – 11)

This is one of a series of six information sheets aimed at disabled users of the National Cycle Network in Scotland. Each sheet covers a geographical area of Scotland and describes the physical characteristics of selected traffic-free sections of the network, as collected by auditors during 2004. It is hoped that disabled users will be able to use this information to decide whether a path is accessible to them. An overview map, showing all paths covered by these leaflets, is also available.

Grading

-  **Good** Fully meets the minimum standards or only occasionally falls below.
-  **Average** Mostly meets the minimum standards. No width restrictions less than 1 metre.
-  **Poor** Frequently fails the minimum standards. Some width restrictions may be less than 1 metre.

Main minimum standards

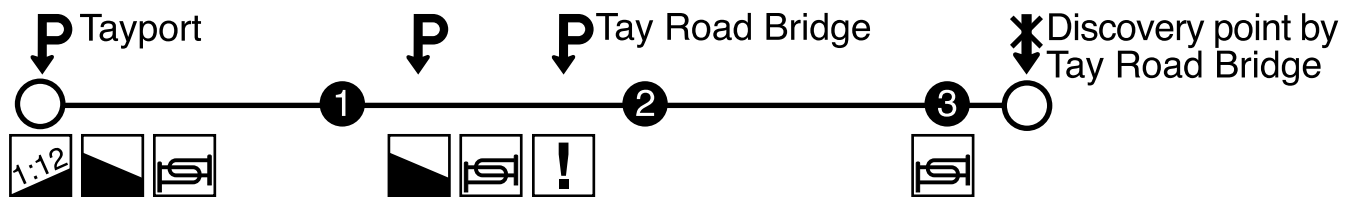
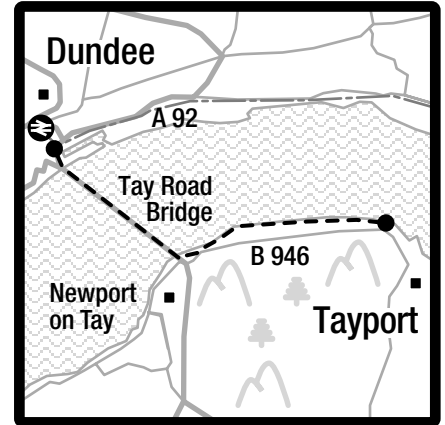
- Path width 2 metres minimum
- Firm surface with few loose stones (none bigger than 5mm)
- Path gradient less steep than 1:12
- No barriers to access or width restrictions less than 1.2 metres
- Cross slope less steep than 1:35
- No surface gaps/breaks in path over 12mm
- No steps over 6mm

Key to symbols

-  Route start/end
-  Distance (miles)
-  Parking and access to the path
-  Access to the path
-  Restricted access (i.e. access point does not conform to minimum standards)
-  Parking and restricted access
-  Step greater than 6mm or surface break greater than 12mm
-  Gradient exceeds 1:12
-  Cross slope exceeds 1:35
-  Surface poor, loose or gravelly
-  Barrier with width less than 1.2 metres or gate
-  Main road crossing

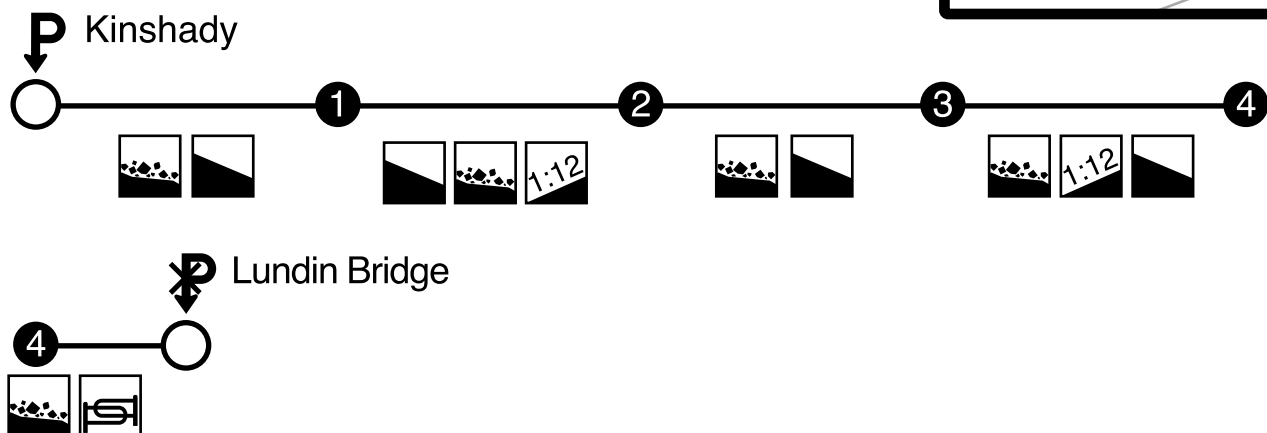
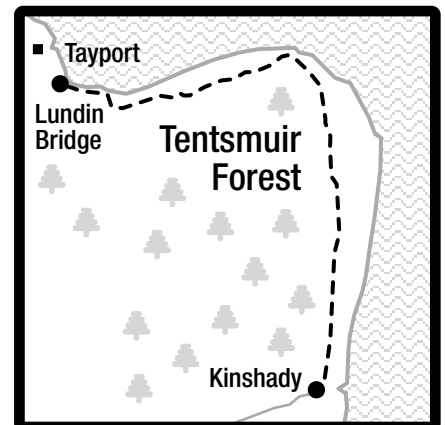
7 Tayport – Dundee: 3¼ miles ★

Smooth tarmac surface throughout. Width restrictions of 900mm at 0.9 miles, 1000mm at 1.5 miles and 900mm at the North end of the Tay Bridge. Three instances of path gradients exceeding 1:12 and five instances of cross slope exceeding 1:35. One 20mm kerb at south end of Tay Bridge, where the route crosses the B946.



8 Tentsmuir Forest: 4½ miles ★

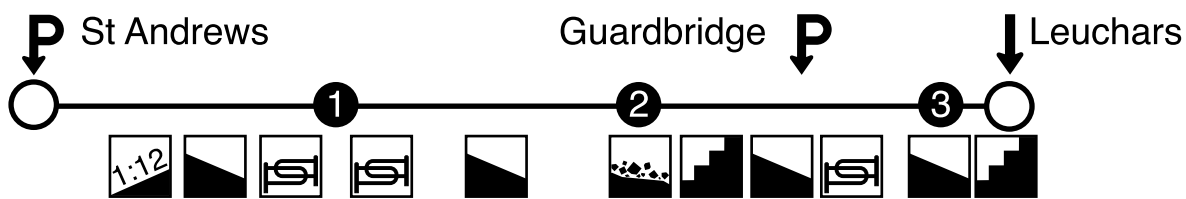
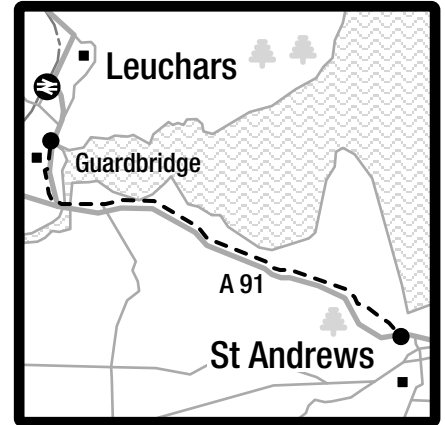
Mostly poor, uneven and stony path surface with two width restrictions: 750mm after four miles and 900mm at the north end. Two instances of gradients steeper than 1:12, and eight instances of cross slope exceeding 1:35. No significant breaks or steps.



Sustrans has taken every care to ensure that the route information is accurate. However, if you find any inaccuracies or omissions, we welcome your comments. Please contact us at: scotland@sustrans.org.uk or 0131 539 8122.

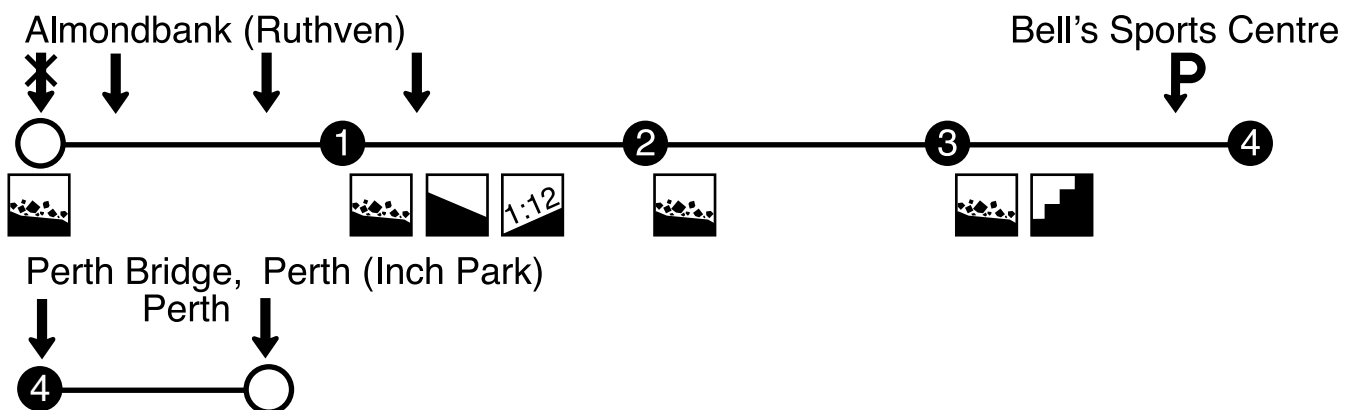
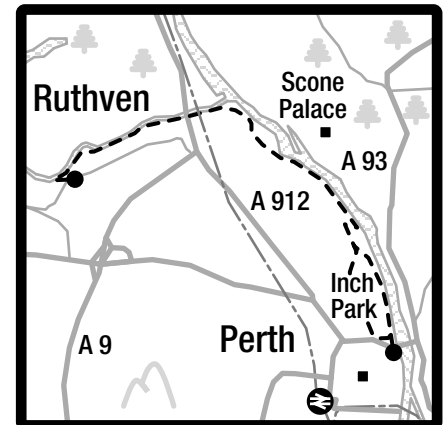
9 St. Andrews – Leuchars: 3¼ miles ★★

Mostly smooth tarmac path with two 1000mm width restrictions at 0.7 miles and one 1100mm restriction at 2.7 miles. Unavoidable gates at 1.2 miles and 1.4 miles. Only one gradient steeper than 1:12, at the St. Andrews end of the path. Significant stretches of cross slope exceeding 1:35. Seven instances of kerbs up to 40mm.



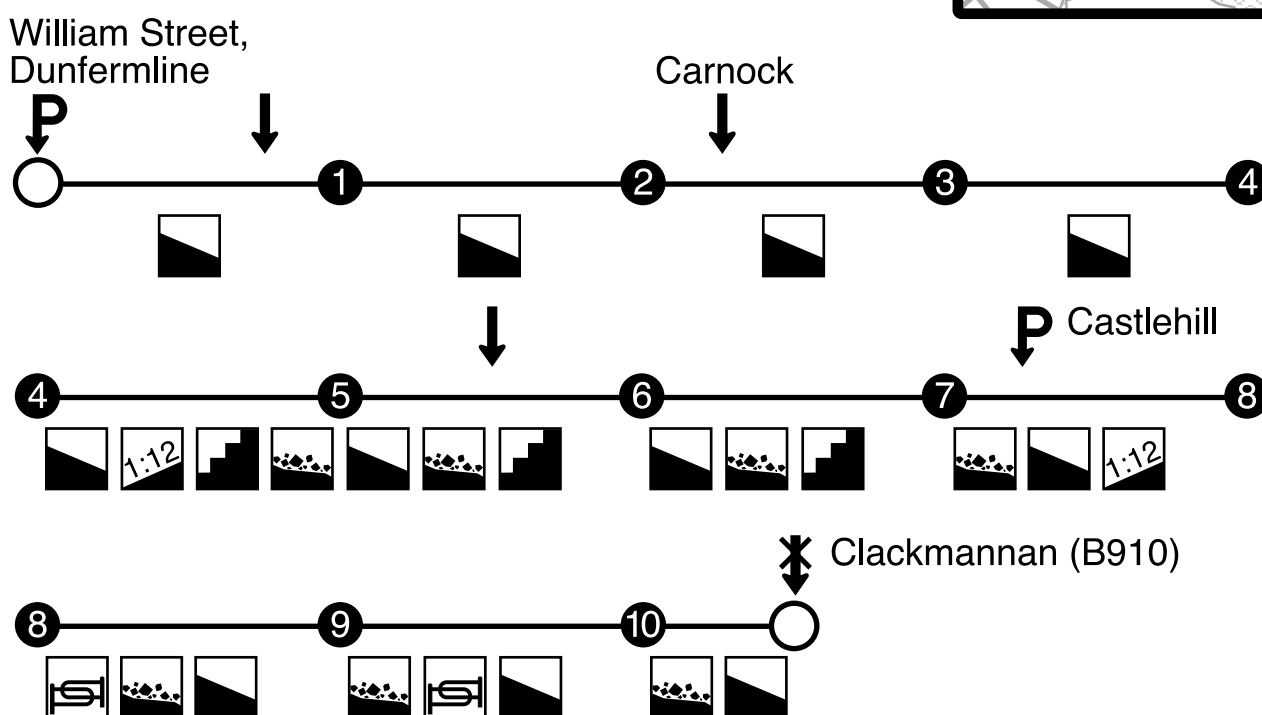
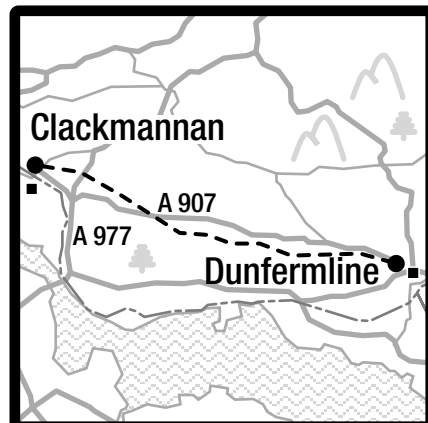
10 Almondbank (Ruthven) – Perth: 4¾ miles ★

Mostly smooth tarmac path with some gravel patches. One width restriction of 800mm at the Almondbank end. Two instances of gradients steeper than 1:12. Two instances of cross slope exceeding 1:35. One 40mm kerb at 3.4 miles (on western side of North Inch).



11 Dunfermline – Clackmannan: 10½ miles ★

Mostly poor gravel surface, although eastern 3.7 miles is smooth tarmac. 1000mm access barrier at the Clackmannan end, and latched gates at 8.2 miles (800mm) and 9.2 miles (1500mm). Vegetation reduces path width to 500mm west of the 8.2 mile mark. Two instances of gradient exceeding 1:12. Numerous instances of cross slope exceeding 1:35. Occasional steps of up to 50mm.



For further copies of this or other leaflets in this series, please call our **INFORMATION LINE** on **0845 113 0065** Monday – Friday 9am – 5pm. Or download leaflets and full audit data from: www.sustrans.org.uk/scotland

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