



This route is a partnership between

- The Millennium Commission
- East Lothian Council
- Midlothian Council
- Scottish Executive
- Sustrans

# The Esk Valley Cycle Route

## The Esk Valley Cycle Route

This attractive riverside and railway path links the coastal town of Musselburgh with the town of Dalkeith. Largely traffic-free, the route passes along wooded pathways and disused railways, providing views towards Edinburgh and the Firth of Forth, as well as opportunities to spot wildlife. At Musselburgh, Newcraighall and Brunstane National Route 1 passes train stations before continuing into the centre of Edinburgh.

New on-road measures in Dalkeith have made this route more accessible and, while short sections are still of an interim standard, the Esk Valley route is ideal for both leisure and utility trips.

This route is part of the National Cycle Network. It forms a section of the Coast & Castles Cycle Route, National Route 1, which runs from Newcastle to Edinburgh.



Enjoy walking and cycling this 5 mile traffic-free route between Musselburgh and Dalkeith



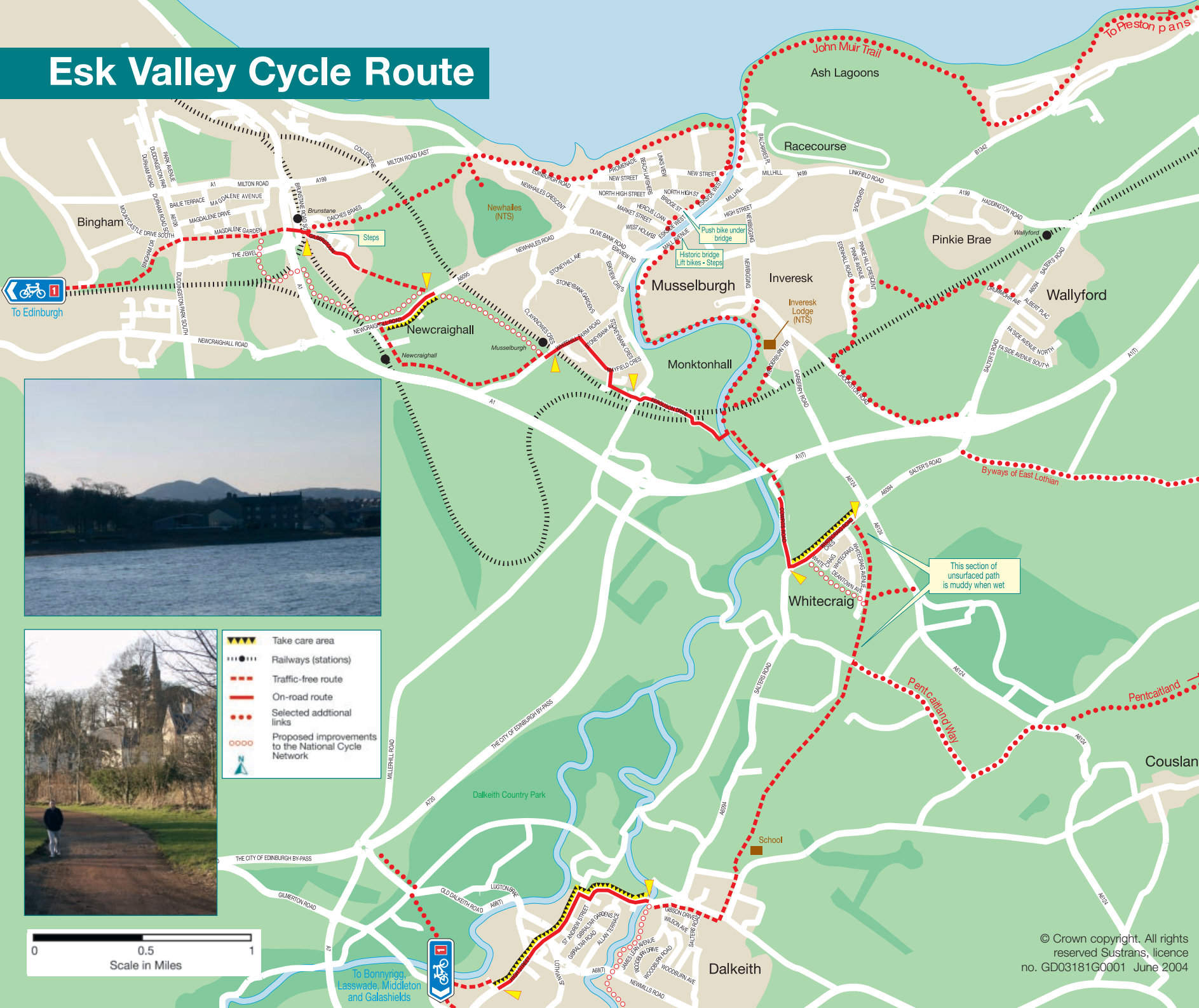
**Sustrans** - the sustainable transport charity - works on practical projects to encourage people to walk, cycle and use public transport in order to reduce motor traffic and its adverse effects.

**The National Cycle Network** is a comprehensive network of safe and attractive routes to cycle throughout the UK. 10,000 miles are due for completion by 2005, one third of which will be on traffic-free paths - the rest will follow quiet lanes or traffic-calmed roads. It is delivered through the policies and programmes of over 450 local authorities and other partners, and is co-ordinated by the charity Sustrans.

[www.nationalcyclenetwork.org.uk](http://www.nationalcyclenetwork.org.uk)

For more information on routes in your area:  
**Sustrans 0845 113 0065**  
or visit the interactive mapping on our web site.

# Esk Valley Cycle Route



	Take care area
	Railways (stations)
	Traffic-free route
	On-road route
	Selected additional links
	Proposed improvements to the National Cycle Network
	To Edinburgh
	To Bonnyrigg, Lasswade, Middleton and Galashiels

0 0.5 1  
Scale in Miles

## Further information

A map of the Coast & Castles Cycle Route (Newcastle to Edinburgh) is available from Sustrans for £5.99.

This section of route also appears on the revised (2004) Clyde to Forth map, £5.99

- Please call 0845 113 0065 or visit [www.nationalcyclenetwork.org.uk](http://www.nationalcyclenetwork.org.uk)

Other leaflets in this series include: Clyde and Loch Lomond Cycleway (Glasgow to Loch Lomond)

Paisley and Clyde Coast Railway Path (Paisley to Gourrock)

Hillend Loch Railway Path (Airdrie to Bathgate)

- Look for them in local Tourist Information Centres or call Sustrans

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