

Scotland Resource List for School Travel Initiatives

Information for parents and schools



Introduction

This information sheet lists organisations that can provide useful support, advice and resources for setting up, developing and continuing your school travel initiatives in Scotland. For supporting statistics see the accompanying information sheet on the Sustrans website Scotland Facts and Figures for School Travel Initiatives FS27.

Key policies

The Scottish Government would like to encourage more of Scotland's population to make more of its everyday journeys by bike or by foot. Achieving this would both improve Scotland's health and decrease carbon emissions.

Overall Scotland has a relatively poor record for health and physical activity and this is reflected in comparatively low levels of active travel. A significant proportion of Scotland's greenhouse gas emissions also come from transport.

The Scottish Government has produced several key policies that outline how to make Scotland more active, with more people at a healthy weight and a smaller carbon footprint for transport. These key policies are described overleaf;

Physical Activity Strategy

www.scotland.gov.uk/Publications/2003/02/16324/17895

This is the Scottish Government's 20-year plan of objectives and priorities for the development of physical activity in Scotland, published in 2003 and reviewed in 2008. It outlines actions to get more people in Scotland achieving the daily recommended levels of physical activity and active travel plays a significant role in the strategy.

A Route Map Towards Healthy Weight

www.scotland.gov.uk/Publications/2010/02/17140721/0

A Scottish Government plan for tackling the obesity epidemic in Scotland. It highlights the current and projected costs of the obesity issue, both monetary and social, and sets out key preventative actions to avoid the predicted consequences becoming a reality. Making more local journeys actively plays a key role in this plan.

Cycling Action Plan for Scotland

www.scotland.gov.uk/Publications/2010/06/25103912/0

A Scottish Government action plan to get more people in Scotland cycling more often and sets the target of 10% of journeys to be made by bicycle by 2020.

Below is a list of websites of organisations who can provide information, resources and advice about school travel in Scotland. Local authorities often produce their own resources for schools in their area. Your first point of contact should be the person in your local authority with responsibility for encouraging active travel on the journey to school. You can find an up-to-date list of these people on the School Travel Scotland pages of the Sustrans website.

Key Transport Resources

Sustrans School Travel

www.sustrans.org.uk/schooltravel

Sustrans School Travel provide support and advice for schools and school travel professionals who are implementing School Travel Plans and developing active travel initiatives to make the journey to and from school an active one.

E: schools-scotland@sustrans.org.uk

T: 0131 346 9777

I Bike

www.sustrans.org.uk/what-we-do/bike-it/i-bike-in-scotland

A programme of intense engagement with groups of approximately 12 schools. A Cycling Officer works with secondary schools and their feeder primaries to encourage pupils who are making the transition to secondary school to develop the skills, experience and confidence to travel to school by bike.

E: schools-scotland@sustrans.org.uk

T: 0131 346 9777

Scottish Government

www.home.scotland.gov.uk/home

The devolved administration in Scotland. The Scottish Government has published several key policies about active sustainable transport which are described above.

**Transport Scotland**

www.transportscotland.gov.uk

Transport Scotland is the national transport agency for Scotland. It is responsible for rail and road networks, major public transport projects, liaising with regional transport partnerships, sustainable transport, road safety, road accessibility and local roads policy.

E: info@transportscotland.gsi.gov.uk

T: 08457 741 741

Choose Another Way

www.chooseanotherway.com

Choose Another Way is an initiative of Transport Scotland and its partners to encourage more sustainable transport choices through the implementation of travel plans. They organise regular webinars and have a website full of case studies and resources for travel planning.

E: ChooseAnotherWay@est.org.uk

Traveline Scotland

www.travelinescotland.com

Up-to-date, impartial public transport journey planning and timetables.

T: 0871 200 2233

Cycling Scotland

www.cyclingscotland.org

Cycling Scotland is the national cycle promotion organisation for Scotland. Cycling Scotland is working to establish cycling as an acceptable, attractive and practical lifestyle option.

E: info@cyclingscotland.org

T: 0141 229 5350

Cycle training in Scotland is organised by Cycling Scotland under the Bikeability Scotland brand; www.bikeabilityscotland.org.

They also administer the Cycle Friendly Schools award,

www.cyclefriendlyschool.org

Scottish Cyclingwww.britishcycling.org.uk/scotland

The Scottish part of the internationally recognised governing body of cycle sport in the UK. A membership organisation, they aim to inspire participation in cycling as a sport, recreation and sustainable transport, and they organise training, races, events and clubs.

E: info@scottishcycling.org.uk**T:** 0131 317 9704**CTC Scotland**www.ctcscotland.org.uk

Membership organisation for cyclists that organises cycle rides, tours, events and training, as well as campaigning for cycling at a local level.

E: secretary@ctcscotland.org.uk**Transform Scotland**www.transformscotland.org.uk

Transform Scotland is the national alliance for sustainable transport, bringing together organisations from the private, public and voluntary sectors. They work on sustainable transport policy.

E: info@transformscotland.org.uk**T:** 0131 243 2690**Modeshift**www.modeshift.org.uk

Modeshift aims to support sustainable and active travel for young people and school communities by supporting those who are working with them to achieve these goals.

E: admin@modeshift.org.uk

Supporting Safer Travel

Road Safety Scotlandwww.roadsafetyscotland.org.uk

Road Safety Scotland is part of the Scottish Government's transport agency Transport Scotland, with a remit to develop and co-ordinate Scotland-wide road safety initiatives and campaigns. Road Safety Scotland works with partners to develop educational approaches and materials which support Curriculum for Excellence's Experiences and Outcomes in Health and Wellbeing. Links across learning are also identified to support English and Literacy, Mathematics and Numeracy, and many other subject areas.

E: enquiries@roadsafetyscotland.org.uk**T:** 0131 244 6133**Junior Road Safety Officer (JRSO)**www.jrso.com

The JRSO ethos empowers children to take responsibility for highlighting road safety issues within their school community. It encourages peer education and promotes partnership working between pupils, parents, teachers, Road Safety Officers and other professionals, such as Travel Plan Co-ordinators. Presenting at assemblies, maintaining a JRSO notice board and running school competitions are just a few of the duties carried out by Scotland's JRSOs.

E: enquiries@jrso.com**T:** 0131 244 6133**Living Streets**www.livingstreets.org.uk/scotland

Living Streets is the national charity that stands up for pedestrians. With their supporters they work to create safe, attractive and enjoyable streets, where people want to walk. The Living Streets Walk to School campaign helps over 1.6 million children walk to school. They run schemes in primary and secondary schools, and offer a range of helpful classroom resources:

www.walktoschool.org.uk/scotland/**E:** scotland@livingstreets.org.uk**T:** 0131 243 2645**Promethean Planet**www.prometheanplanet.com/en-gb

An online community of downloadable interactive whiteboard resources for teachers, many created by key partners including Road Safety Scotland, Cycling Scotland and Sustrans.

Health

Active Schools Networkwww.sportscotland.org.uk

Active Schools aims to ensure there are more and higher quality opportunities for children to participate in sport in schools and to increase capacity through the recruitment of a network of volunteers.

sportscotland works in partnership with every local authority in Scotland to invest in and support an Active Schools staffing network of Active Schools managers and Active Schools coordinators. The network of manager and coordinators support the delivery of a wide range of sport opportunities in schools before and after school and during lunchtime and develop pathways between schools and sport clubs to support the transition from school to club.

Local enquires should be directed to the Active Schools manager within each local authority area.

Paths for All Partnershipwww.pathsforall.org.uk

Paths for All Partnership is a partnership of organisations committed to promoting walking for health and the development of multi-use path networks in Scotland.

E: info@pathsforall.org.uk**T:** 01259 218 888**Physical Activity and Health Alliance (PAHA)**www.paha.org.uk

Scottish Physical Activity and Health Alliance is a network that engages a variety of people from different sectors and professions who are involved in the promotion of physical activity and health in Scotland. It helps to inform people, connect people with others and to aid policy development and implementation.

E: nhs.healthscotland-paha@nhs.net

Mapping

Ulearnwww.ulearn.webbased.co.uk/ulearn

An online mapping tool and resource library.

T: 01752 797 134**Walkit**www.walkit.com

Find a route map between any two points, including your journey time, calorie-burn, step-count and carbon-saving. Walkit is available for a number of cities in Scotland.

E: feedback@walkit.com

Youth

Young Scotwww.youngscot.net

Young Scot is the Scottish youth information charity for 11-26 year olds. They produce magazines, information handbooks and websites including www.youngscot.org, aimed at young people in school. Their outreach team attends events across Scotland and they also run the Young Scot NEC card which entitles all holders to a variety of discounts and acts as proof of age.

E: info@youngscot.org**T:** 0131 313 2488**Youth Scotland**www.youthscotland.org.uk

Youth Scotland is the network of youth clubs and groups across Scotland. It is the largest non-uniformed youth organisation in Scotland and delivers quality youth work programmes, information, resources, training and support to community-based youth work across Scotland.

T: 0131 554 2561

Youth Scotland's range of projects includes Bike Club, an initiative that aims to use cycling as a means to engage with children and young people. In Scotland, Bike Club is delivered by a partnership of Youth Scotland, CTC and ContinYou and is funded by the Asda Foundation. Bike Club provides advice, support and grants for groups working with young people, aged between 10 and 20, to help them establish and run programmes of cycling activities.

www.youthscotland.org.uk/projects/bike-club.htm**Scotland's Commissioner for Children and Young People**www.sccyp.org.uk

Tam Baillie is Scotland's Commissioner for Children and Young People and his job is to make sure that all children and young people in Scotland know their rights and have their rights respected.

E: inbox@sccyp.org.uk**T:** 0131 558 3733**Scottish Youth Parliament**www.syp.org.uk

The Scottish Youth Parliament is the democratically elected voice of Scotland's young people. The Scottish Youth Parliament is committed to ensuring young people are heard by the decision-makers of Scotland and they are determined to campaign on the issues which matter most to Scotland's youth.

E: info@syp.org.uk**T:** 0131 557 0452**Scottish Parent Teacher Council**www.sptc.info

The national organization for parents' groups in Scottish schools has a website and a regular newsletter, and they organise an annual national conference.

E: sptc@sptc.info**T:** 0131 226 4378

Environment

Sustainable Development Education Networkwww.sdenetwork.org

The Sustainable Development Education Network is a Scottish charity that exists to enable more of the education sector to undertake sustainable development education and to support those who are already undertaking it.

E: coordinator@sdenetwork.org**T:** 07506 189600**Eco-Schools Scotland**www.ecoschoolsscotland.org

Eco-Schools Scotland is part of an international initiative designed to encourage whole-school action for the environment. It is an environmental management tool, learning resource and recognised award scheme.

E: ecoschools@ksbscotland.org.uk**T:** 01786 468 234**Forestry Commission Scotland**www.forestry.gov.uk/scotland

Forestry Commission Scotland serves as the forestry directorate of the Scottish Government. They own and manage large areas of forest and woodland habitat and have extensive education and community engagement programmes. They are also keen promoters of active travel, recreational cycling and mountain biking.

E: fcscotland@forestry.gsi.gov.uk**T:** 0845 367 3787

British Waterways Scotlandwww.scottishcanals.co.uk

British Waterways Scotland manages the canal network in Scotland as a resource for leisure and tourism, for health and community development, regeneration, environment and sustainability.

E: enquiries.scotland@britishwaterways.co.uk**T:** 0141 332 6936**Greenspace Scotland**www.greenspacescotland.org.uk

Greenspace Scotland works with a wide range of local and national partners to support the planning, development and sustainable management of green spaces and networks as a key part of the green infrastructure of towns and cities.

E: info@greenspacescotland.org.uk**T:** 01786 465 934**Grounds for Learning**www.ltl.org.uk/scotland/index.php

Grounds for Learning help develop school grounds into active play and learning spaces.

E: gfl@ltl.org.uk**T:** 01259 220 998**Education Scotland**www.educationscotland.gov.uk

Education Scotland is the national body responsible for supporting quality and improvement in learning and teaching from early years to adult and community learning.

E: enquiries@educationscotland.gov.uk**T:** 0141 282 5000**WWF Scotland**www.scotland.wwf.org.uk

WWF Scotland is part of the international WWF network. WWF works on issues regarding conservation, research and restoration of the environment from a Scottish perspective. They work to influence policy, provide solutions and gaining public support and involvement.

E: scotland@wwf.org.uk**T:** 01350 728 200**Ramblers Scotland**www.ramblers.org.uk/scotland

Ramblers Scotland is the representative body for walkers in Scotland. They campaign to protect the countryside, promote walking and safeguard public access to land.

E: scotland@ramblers.org.uk**T:** 01577 861 222

Play

Play Scotlandwww.playscotland.org

Play Scotland works to promote the importance of play for all children and young people, and campaigns to create increased play opportunities in the community. Formed in 1998 to support the Child's Right to Play and make children's play rights a reality in Scotland.

E: info@playscotland.org**T:** 0131 440 9070

Further information

Visit the School Travel website www.sustrans.org.uk/schooltravel for:

- latest news and information on Safe Routes to Schools
- specific information and events for each of the UK regions
- downloadable resources including other information sheets
- case studies, curriculum materials and newsletters

Sustrans Scotland School Travel team 0131 346 9777**Sustrans Scotland, Rosebery House, 9 Haymarket Terrace, Edinburgh EH12 5EZ**

About Sustrans

Sustrans is the charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day.

It's time we all began making smarter travel choices. Make your move and support Sustrans today. www.sustrans.org.uk

Head office: Sustrans, 2 Cathedral Square, College Green, Bristol, BS1 5DDwww.sustrans.org.uk**Photography:** © Sustrans.

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