

Sustrans Newsletter

Bike It Stockton

April 2011

Ingleby Mill Primary School – Year 5 Bike Ride



Above is a picture from one of the year 5 classes. All of year 5 took part in a bike ride along the amazing cycle network around Ingleby Barwick and we had lots of fun despite the weather been cold, wet and windy.

I would like to say a big thank you to Mr Scully, the local police officers and parents for volunteering and making the ride possible.

Ingleby Mill Primary School has had some fantastic Bike It events with over a hundred pupils decorating Bikes and Helmets. Puncture repair classes and getting off stabilizers.

The school council have been a massive help designing posters and helping run the events making Bike It a real success

Myton Park Primary School – Family Rides

Myton Park have had 3 family bike rides now. The rides take place during the half term; we start at the school and ride along the cycle network to Preston Park where everyone can have refreshments and a play before cycling back.

Everyone really enjoys it and it's great to see families all out together on there bikes.

The rides are at a nice steady pace and we have had children as young as 5 joining in.

About Sustrans

Sustrans is the UK's leading sustainable transport charity. Our vision is a world in which people choose to travel in ways that benefit their health and the environment. Every day we are working on practical, innovative ways of dealing with the transport challenges that affect us all.

About Bike It

Bike It has is all about helping children get fit and healthy by teaching them skills they need to cycle safely and responsibly.

Bike It has been really successful, with thousands of pupils now cycling to school every day. Our schools have won all kinds of awards and praise from everyone who loves having energetic children and fresh, clear roads around the school.

Our team of expert Bike It officers work with schools throughout England and Wales, talking and listening to parents, teachers and children, then running a year-long programme of school projects, training, and fun events to get the whole school community cycling together.

If you are already a Bike It school – congratulations! If not, tell your school or local authority you would like to be.

Supported by
Stockton Borough Council
Big Lottery Fund

We'd love to hear from you...

Sustrans' Bike It officer for Stockton is Pam Jenkins. Contact Pam on 01642 803441, mobile 07824812219 or send her an email on: pamela.jenkins@sustrans.org.uk

Bike It Stockton

What's on?



26th and 27th April

Ingleby Mill Primary and The Glebe Primary have very exciting days booked in. They will be visited by the Get Cycling team and will get chance to see some amazing bike skills and ride some unusual bikes.

Other great events taking place in the schools are:-

Getting off stabilisers, Puncture Repairs, Dr Bike, Bike Breakfast's, Bike Skill's days, Decorate your bike and much more.



Mr Jones leading the way in our decorate your helmet competition at Holy Trinity Rosehill Primary School



Big thank you to the Police for helping Marshal Ingleby Mills Year 5 rides

Stockton Bike It Schools

- The Glebe Primary School
- Layfield Primary School
- Junction Farm Primary School
- Ingleby Mill Primary School
- Myton Park Primary School
- Egglecliffe School
- Holy Trinity Rosehill Primary
- Ian Ramsey Comprehensive School
- Barley Fields Primary School
- Crooksbar Primary School
- Whinstone Primary School
- Whitehouse Primary School

Thank you to the above Bike It Schools. Please keep up the good work and book all events up as soon as you can.
Thank you



Stockton's one stop Active Travel Centre

Free secure cycle parking from 7:30am - 6pm Mon – Fri

Free information and maps for walking and cycling,

Free guided walks and cycle rides,

Free cycling skills training and cycle maintenance courses teaching you how to keep your bike in tip top shape (Full day course £49.00, Half day course £25.00)

For further information Contact 01642 803441 or email stocktonactivetravel@sustrans.org.uk

Guided Ride Dates for your Diary: -

Railway Run

Date: Sunday 17 April **Time:** 10.30am-12:30pm

Location: Wynyard Woodland Park Visitors' Centre, Thorpe Thewles

Length: 12 miles (grading 2)

Saltburn

Date: Sunday 8 May **Time:** 11am - 4pm

Location: Tees Barrage

Length: 36 miles (grading 3)