

Travel Surgery

Come to us with your travel questions



Get out, get active
Ocean Estate's Active Travel Project

As a Healthy Borough, Tower Hamlets is working with Sustrans to help Ocean Estate residents to be more active, healthier and happier.

- Learn about Buses
- Learn about Tube DLR
- How to use Oyster Cards
- Visit London attractions
- Want to cycle more?
- Want to walk more?

Fridays 11am – 1pm
Arbour Youth Centre
Shandy Street



FREE £5 Oyster Card!

Call Rebecca on 0755 44 31 327
or email oceanestate@sustrans.org.uk
www.sustrans.org.uk/oceanestate

