

Useful Contacts for Pool Bike Schemes

Sustrans Cymru: www.sustrans.org.uk, 029 2066 2313, activetravelcymru@sustrans.org.uk

<http://www.sustrans.org.uk/default.asp?SID=1089651611859> - general information on the benefits of Cycling and where to get started

Sports Council for Wales: <http://www.sports-council-wales.org.uk/getactiveatwork/youandyourworkplace>

Cycle Training Wales: www.cycletrainingwales.org.uk info@cycletrainingwales.org.uk
029 2022 2016 / 07971 719626

Flintshire County Council Pool Bike Scheme: Kate Newman

Cardiff County Council Pool Bike Scheme: Miriam Highgate

Denbighshire County Council Pool Bike Scheme: Alwena Beach

Wales Centre for Health: <http://www.wales.nhs.uk/sites3/home.cfm?OrgID=568>
029 2022 7744

Cycle Touring Club: <http://www.ctc.org.uk>

General cycling info:

http://www.bikeforall.net/content/bike_for_work.php

<http://www.lcc.org.uk/index.asp?PageID=860>

<http://www.lcc.org.uk/index.asp?PageID=72>

The Active Travel Workplace Toolkit has been developed by Sustrans in partnership with the Sports Council for Wales.



sports council wales
cyngor chwaraeon cymru