




# Rainham marshes local loop

A 6-mile loop on traffic free paths from Rainham or Purfleet

## KEY

-  NCN off road
-  NCN on road
-  Traffic free paths
-  Caution, take care

300m  
1000ft



**Rainham**

**Concrete barges  
and artwork**

**RSPB Rainham  
marshes**

**Coldharbour point  
lighthouse**

**Purfleet**

