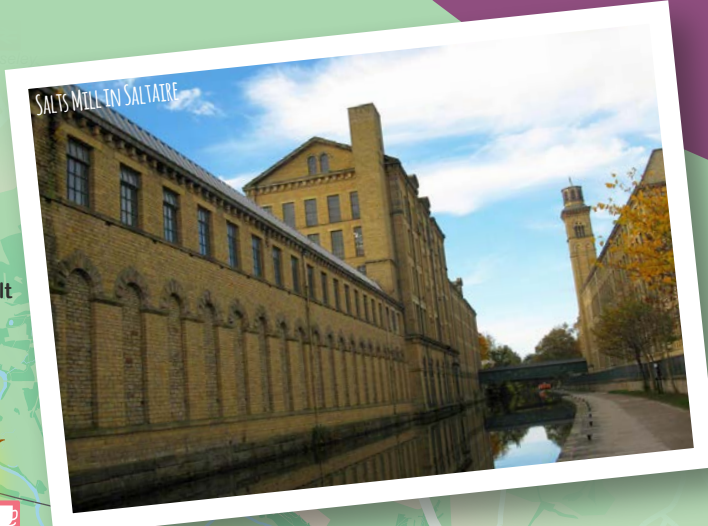
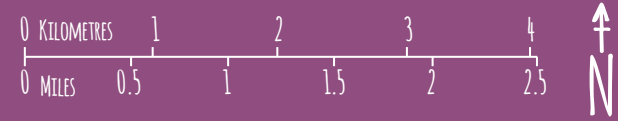


STAGE 3: LEEDS TO SALTAIRE



KEY

- Slow Tour route
On-road / Traffic-free
- National Cycle Network
On-road / Traffic-free
- Other cycle routes
- National Cycle Network
route number
- Café / Pub / Toilets
- Restaurant / Shop
- Railway with station
- Millennium Mileposts
- Access point
- Take care here
- Historic attraction
- Picnic spot

TAKE CARE!

- Take care on road from Leeds station to the start of the towpath. Follow off road Route Description if possible.
- Share the path. Give way to pedestrians and wheelchair users.
- Take care cycling under the bridges at Armley, Kirkstall, Newlay and Shipley where the towpath is narrow and uneven.
- Take care to follow the NCN signed route away from the towpath near Rodley along a quiet road for a short while.
- Take care crossing the road at Apperley Bridge.

TAKE A BREAK!

- Leeds Granary Wharf cafés and restaurants
- Rodley canal side pubs and Nature Reserve café www.rodleynaturereserve.org
- Apperley Bridge pubs and cafés
- Salts Mill restaurants and cafés www.saltsmill.org.uk

ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!

The Slow Tour is a guide to 21 of the best cycle routes in Yorkshire.

It's been inspired by the Tour de France Grand Depart in Yorkshire in 2014 and funded by Public Health Teams in Leeds and Bradford City Councils. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Routes 66 and 696, so just follow the signs!

THINGS TO SEE AND DO

Leeds
Having moved on from its cloth cap and pint of Tetley days, Leeds is now a vibrant northern city, and boasts the Royal Armouries and Leeds Arena. The lively Granary Wharf area with cafés and restaurants is near the start of the route.

Art in the Travelling Landscape
Mileposts on the route are yellow, painted by Sustrans Volunteers to celebrate the Tour de France in Yorkshire in 2014. Look out for the

15 riverside sculptures of the Aire Sculpture Trail.

Play Areas
There are playgrounds near the route in Kirkstall and Saltaire. Rodley Nature Reserve is great for children to explore!
www.rodleynaturereserve.org

Saltaire
The UNESCO World Heritage Site of Saltaire and Salts Mill houses many notable works by David Hockney, independent cafés, restaurants and sophisticated shops.
www.saltsmill.org.uk

BIKE HIRE

You can hire bikes from Cycle Point at Leeds and Shipley Station through the www.bikeandgo.co.uk scheme.

LEEDS TO SALTIRE 12 miles, about 2 hours

This popular and attractive ride begins in vibrant Leeds and winds its way out of the city along the traffic-free towpath of the Leeds & Liverpool Canal. The route is full of historic interest and some surprisingly scenic countryside.

- Exit Leeds station by the main entrance. Cross the road to CyclePoint, turn left along the pavement in the direction of traffic. Turn sharp right at a sign saying "Granary Wharf 4mins", follow the same pavement under the railway bridge and turn right again into a tunnel signposted "Granary Wharf Car Park". Follow the tunnel over the river until it emerges in Granary Wharf where you start the route on the canal towpath signposted NCN66 at Office Lock.
- Follow the towpath out of the city passing the Leeds Industrial museum at Armley. Enjoy views of the medieval Kirkstall Abbey.
- Continue to the picturesque havens of Bramley Falls and Rodley Nature Reserve. The Reserve has a variety of species – dragonflies in summer and tourists in its friendly café throughout the year.
- Cycle towards Apperley Bridge through a wide valley, past cattle grazing the banks of the river Aire and through ancient woodland to the busy market town of Shipley.
- From here, it's a short cycle to the UNESCO World Heritage Site of Saltaire. This Victorian model village boasts a major art gallery, independent cafes and shops in beautiful listed buildings. Over the river is the delightful Roberts Park, with a playground, picnic area and café, and a Victorian tramway to the local beauty spot of Shipley Glen.
- Return to Leeds by the train from Saltaire or Shipley stations, or by bike if you're feeling energetic!



Leeds to Saltaire

SLOW TOUR



OF YORKSHIRE

ON THE NATIONAL CYCLE NETWORK



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
cafés and pubs ● picnic spots ● canals
museums ● playgrounds ● artwork
and more!**

If you like this route, try out the other 20!

Download your free maps at
WWW.SUSTRANS.ORG.UK/SLOWTOUROFYORKSHIRE



Leeds to Saltaire is part of Route 66 and 696 of the National Cycle Network

**ENJOY A GREAT
CYCLING DAY OUT...
AT YOUR OWN PACE!**



Photography: Kirkstall

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